

Name of the Course : Master of Physical Education (M.P.Ed.)
Name of the Paper : Game of Specialization-Handball
Paper Code : MPE-0803(viii)
Semester : II (May/June 2026)
Duration : 3 Hours
Maximum Marks : 50 Marks

Instructions for Candidates

Attempt any five questions

All questions carry equal marks

Q1 Write the aim and objectives of Coaching.

Q2 What are the psychological qualities a Handball player should have and explain how these qualities help improve the performance of the player?

Q3 What are the anthropometrical and physiological considerations that should be taken while selecting a goalkeeper for handball game?

Q4 Write short notes on the following common Handball Injuries

- a. Ankle sprain
- b. Knee displacement
- c. Shoulder dislocation

Q5 What do you understand by risk management? Explain different aspects of risk management in a Handball competition.

Q6 Write the role of the following personnel in the Handball team

- a) Coach
- b) Psychologist
- c) Manager

Q7 What are the different preventive and safety measures for a Handball player for different handball injuries?

Q8 Write the biomechanical analysis of passing in a Handball game.